



WISDOM'S WAY – PART 7

THE WAY OF HUMILITY

PROVERBS 15:22-23

PROVERBS 15:33

³³ Wisdom's instruction is to fear the Lord, and **humility comes before honor**.

THE HUMBLE RESPECT AUTHORITY

PROVERBS 10:8

⁸ **The wise in heart accept commands**, but a chattering fool comes to ruin.

PROVERBS 24:21

²¹ **Fear the Lord and the king**, my son, and do not join with rebellious officials.

THE HUMBLE ARE TEACHABLE

PROVERBS 12:15

¹⁵ The way of fools seems right to them, but **the wise listen to advice**.

PROVERBS 13:10

¹⁰ **Where there is strife, there is pride**, but wisdom is found in those who take advice.

PROVERBS 15:12

¹² Mockers resent correction, so **they avoid the wise**.

PROVERBS 19:27

²⁷ **Stop listening to instruction**, my son, and you will stray from the words of knowledge.

THE HUMBLE ARE NOT SELF-CENTERED

PROVERBS 17:5

⁵ **Whoever mocks** the poor shows contempt for their Maker; **whoever gloats over disaster** will not go unpunished.

PROVERBS 25:6-7

⁶ **Do not exalt yourself** in the king's presence, and do not claim a place among his great men; ⁷ it is better **for him to say to you, "Come up here,"** than for him to humiliate you before his nobles.

PROVERBS 27:2

² **Let someone else praise you**, and not your own mouth; an outsider, and not your own lips.

THE HUMBLE ARE SOFT-HEARTED

PROVERBS 21:4

⁴ Haughty eyes and **a proud heart—the unplowed field of the wicked**—produce sin.

PROVERBS 28:14

¹⁴ Blessed is the one who always trembles before God, but **whoever hardens their heart falls into trouble**.

St. Therese of Lisieux (19th Century Carmelite)

O Jesus! When You were a Pilgrim on earth, You said: "Learn of Me for I am gentle and humble of heart and you will find rest for your souls." O Mighty Monarch of Heaven, yes, my souls finds rest in seeing You, clothed in the form and nature of a slave, humbling Yourself to wash the feet of Your apostles.

I recall Your words that teach me how to practice humility: "I have given you an example so that you may do what I have done. The disciple is not greater than the Master ... If you understand this, happy are you if you put them into practice." Lord, I understand these words that came from Your gentle and humble heart and I want to practice them with the help of Your grace. I beg You, my Divine Jesus, to send me a humiliation whenever I try to set myself above others. I know, O my God, that You humble the proud soul, but to the one who humbles one's self You give an eternity of glory.

You know my weakness, Lord. Every morning I make a resolution to practice humility and in the evening I recognize that I have committed again many faults of pride. At this I am tempted to become discouraged but I know that discouragement is also pride. Therefore, O my God, I want to base my hope in You alone. Since You can do everything, please bring to birth in my soul the virtue I desire. To obtain this grace of Your infinite mercy I will very often repeat: "O Jesus, gentle and humble of heart, make my heart like Yours!" – AMEN